

Umbria Total Experience: past and present of Italian culture

An inestimable experience of Umbria true day life. Learn about its historical personages and their masterpieces in **15 unforgettable days** approaching Italian language.

Week one:

Mystic and religious Umbria

Day 1 - Saturday

Daniela or Gianluca will wait for you in Rome: transfer to Spoleto. **Dinner together** with Elisa and Filippo from Carpe Diem who will introduce to you the course programme.

Day 2 - Sunday

Spoleto-guided tour. The Roman theater, the Bridge of the Towers, the Duomo and other places will bring you back in time. Free time in the afternoon.

Day 3 - Monday

Class starting! We'll discuss and deepen Spoleto history through your emotions, feelings and your photos
In the afternoon free time to practice first key words with Spoleto people.

Day 4 - Tuesday

Umbrian Saints and Sinners - An incredible "out of time" match/lesson: St. Francis and St. Clare vs. Lucrezia Borgia & Federico Barbarossa. Free time in the afternoon.

Day 5 - Wednesday

A mystic and magical day in nature. Hermits and Saints songs in the Medieval Age along the path of Monteluco. **Pic Nic and class** in the "Bosco Sacro" (Holy Wood).

Day 6 - Thursday

In class for a **music** lesson. From Laudas to profane songs passing through Gregorian and liturgical chants.
Free time in the afternoon.

Day 7 - Friday

In class approaching the portraits of main painters in Umbria: lives of Giotto and Perugino. In the afternoon **trip to Assisi** to experience in person their masterpieces.

Day 8 - Saturday

Free time. In the evening **pizza together** in a pizzeria in Spoleto.



Week two: Italy Amarcord... the Italian culture route

Day 9 - Sunday

Day off. Spare time to shopping or sight-seeing

Day 10 - Monday

Class in the morning. **Italy nowadays:** Umbria, Italy, Europe...where Italian culture and traditions are going now?
Free time in the afternoon.

Day 11 - Tuesday

Media and stereotypes of Italy across the world is morning class topic.
In the afternoon **trip to Perugia:** sight-seeing of Umbria regional capital.

Day 12 - Wednesday

Class focus on portraits of **Italian cinema** stars: Alberto Sordi, Vittorio Gassman, Marcello Mastroianni.
Free time in the afternoon.

Day 13 - Thursday

What happens when the "cucina italiana" meets our cinema? Let's have a closer look on our last class in the morning.
Free time in the afternoon

Day 14 - Friday

Free time to pack in the morning.
Cooking class in the afternoon: "tutti a tavola!" with a gastronomic laboratory and the farewell dinner.

Day 15 - Saturday

Transfer to Rome airport...arrivederci e buon viaggio!



Umbria and Italy

Movies, photos, city tours, food and tradition. Tourist guides and mother tongue teachers will introduce you Umbria region in the first week. Get closer to Italy with Amarcord week, share and debate with teachers and your classmates about Italian culture.

What's included:

- 1 HB and 13 B&B in 3 star hotels in Spoleto center
- full transfer services (including airport pickup/drop off)*
- 3 city tours (Spoleto, Assisi and Perugia) with Umbria guides
- 40 hours Italian language and culture course with professional teachers**
- Italian class books and materials
- pic-nic in Monteluco
- one dinner in pizzeria
- farewell dinner with cooking laboratory

Prices:

9-16 people group
double room 1900 €
single room 2070 €

4-8 people group
double room 2130 €
single room 2350 €

*airport pickup and drop off are based on last flight arrival and first departure of the group.

Tasting Travel is not operative on flights ticketing.

** bilingual approach (English-Italian) is intended.



Experience Umbria 15 days

Programma corso italiano / Italian course programme

Obiettivi / Goals:

1. presentarti e dare informazioni su di te / *introducing yourself and give information about you*
2. esprimere gusti e preferenze / *expressing your tastes*
3. chiedere informazioni / *getting information*
4. comprendere annunci alla stazione e all'aeroporto/airport and railway station announcements
5. riservare stanze d'albergo o un tavolo al ristorante / *booking an hotel or a table at the restaurant*
6. leggere un menu e ordinare / *reading a menu in Italian and order*
7. fare spesa al supermercato / *at the supermarket*
8. comprare vestiti in un negozio / *shop key words*

programma/ programme:

Day 1 – Lunedì / Monday

Facciamo conoscenza	Nice to meet you!
Ciao, buongiorno o...? come stai? Mi chiamo...e ho 18 anni..	Hello, good morning or...? how are you? My name is...and I'm 18 years old
<i>Italian Key words about Spoleto discovering</i>	

Day 2 – Martedì / Tuesday

Facciamo conoscenza / formale e informale	Nice to meet you! Formal and informal
E lei di dov'è? Scusi... per favore...	And where are you from? Excuse me... could you please...
<i>Italian Key words about Saint Francis and his life</i>	

Day 3 – Mercoledì / Wednesday

Gusti e preferenze	what I like!
Mi piacciono gli spaghetti ma preferisco il tiramisù! E a te cosa piace?	I like spaghetti, but I do prefer tiramisu! And what do you like?
<i>Italian Key words about medieval age</i>	

Day 4 – Giovedì / Thursday

Chiedere informazioni	Getting information
Scusi, dov'è..? E' la seconda strada a destra	Excuse me, could you tell me where ...? It's the second road on the right
<i>Italian Key words about holy songs and music</i>	

Day 5 – Venerdì / Friday

Annunci	Announcements
Il treno per Roma parte alle... L'imbarco è all'uscita 25	Train to Rome is leaving at... Boarding at gate 25
<i>Italian Key words about painting art</i>	

Day 6 – Lunedì / Monday

In hotel	In a hotel
Vorrei prenotare una stanza Accediate carte di credito?	I'd like to book a room Do you accept credit cards?
<i>Italian Key words about Italian culture and tradition</i>	

Day 2 – Martedì / Tuesday

Al ristorante	At the restaurant
Cameriere, vorrei dell'altro vino! Possiamo aggiungere un posto?	Excuse sir, I'd like some more wine please! Can we add one more seat?
<i>Italian Key words about Italian stereotypes</i>	

Day 3 – Mercoledì / Wednesday

Leggere il menu	Reading a menu
Che significa crescionda?!? Cosa prendi per antipasto?	What does crescionda mean?!? What are you having as a starter?
<i>Italian Key words about Italian cinema</i>	

Day 4 – Giovedì / Thursday

Al supermercato	At the supermarket
Vorrei del prosciutto È locale questo formaggio?	I'd like some ham Is this cheese local?
<i>Italian Key words about Italian cooking</i>	

Day 5 – Venerdì / Friday

Shopping	Shopping
Mi scusi, quanto costa? Oh no, è troppo caro!!!	Excuse me, how much is it? Oh no! it's too expensive!!
<i>Italian Key words about food and recipes</i>	

This Italian language course is intended for beginner/elementary level, however, we can tailor classes on your request and your level.

SPOLETO Located at the head of a large, broad valley, surrounded by mountains, Spoleto has long occupied a strategic geographical position. Under the Lombards, Spoleto became the capital of an independent duchy, the Duchy of Spoleto (from 570), and its dukes ruled a considerable part of central Italy. In 1155 it was destroyed by Frederick Barbarossa. In 1354 Cardinal Albornozy brought the town once more under the authority of the Papal States. Together with its history, Spoleto keeps culinary tradition alive.

ASSISI The city is linked in legend with its native son, St. Francis. The gentle saint founded the Franciscan order and shares honors with St. Catherine of Siena as the patron saint of Italy. He is remembered by many, even non-Christians, as a lover of nature. The basilica hosts the world-renowned **Giotto** and **Cimabue** frescoes.

MONTELUCCO A spiritual site where monks and hermits lived over the ages. Saint Francis came to Monteluco in 1218 and near the "**Bosco Sacro**" he founded one of his monasteries.

PERUGIA It is a notable artistic center of Italy. The famous painter Pietro Vannucci, nicknamed Perugino, was the teacher of Raphael, the great Renaissance artist who produced five paintings in Perugia (today no longer in the city) and one fresco. Perugia has become famous for chocolate, mostly because of a single firm, Perugina and its Baci (kisses).