

Experience Umbria: language and culture

Learn Italian culture key words and experience Umbria by discovering its villages, traditions and food in **8 awesome days**.



Day 1 - Saturday

Upon arrival in Rome you'll be met by Daniela or Gianluca from Tasting Travel who will assist you with transfer to Spoleto. Time to settle in, and in the evening enjoy a **welcome dinner** at one of Spoleto's best restaurants. Elisa and Filippo from Carpe Diem Language school will introduce to you the course programme.

Day 2 - Sunday

Discovering Spoleto through a **guided tour** in the morning. An urban mini-trekking among monuments of our ancient city. The Roman theater, the Bridge of the Towers, the Duomo and picturesque secret corners....you will take a step back into a past era. Free time in the afternoon.

Day 3 - Monday

Class starting! Your teachers will explain you why Umbria is considered "the green heart of Italy" and the importance of nature here. Through the **first key words of Italian** you'll learn what "tartufo" or "ulivo" mean... In the afternoon time to practice: a **truffle hunt** in Monteluco. Wandering with a local truffle hunter and his dogs in the "holy wood" where S.Francis had his spiritual retreat.

Day 4 - Tuesday

A very tasting day! In the morning class will be about our main rural resources: wine and olive oil cultivation. We will then visit a local winery for a **wine tasting** in Bevagna and on our way back, we will stop in Montefalco following the path of wonderful local wine (Sagrantino di Montefalco and Rosso di Montefalco).

Day 5 - Wednesday

Third day of class. Main topic will be **Umbrian art and architecture**: portraits of main painters like Il Perugino and Il Pinturicchio. We will introduce to you what we'll see on the following day guided visit. Free time in the afternoon.

Day 6 - Thursday

Class in the morning will approach spirit and religion in Umbria, preparing us for a wonderful day **trip to Assisi** in the afternoon. This famous city is considered one of the greatest centers of Christianity and the world's city of peace. We will see the church of St. Clare and the famous Basilica of St. Francis.

Day 7 - Friday

Last day of lesson: let's have a look to what's in Umbria nowadays. A closer look to Italian actual daily life, how things have changed and what the future is promising, old stereotypes and the challenge of European Community. Free time to pack in the afternoon. Pizza together to say "arrivederci" Umbria!

Day 8 - Saturday

Transfer to Rome airport...buon viaggio!



Discovering Umbria

Sightseeing, city tours, food and tradition. Tourist guides and mother tongue teachers will introduce you Umbria region. Learn Italian culture key words and experience Italy's green heart by discovering its cities, religion, art and culinary tradition.

What's included:

- 1 HB and 6 B&B in 3 star hotels in Spoleto center
- full transfer services (including airport pickup/drop off)*
- 3 city tours (Spoleto, Assisi and Montefalco) with Umbria guides
- 20 hours Italian language and culture course with professional teachers**
- Italian class books and materials
- winery tour and wine tasting
- truffle hunt

Prices:

9-16 people group
double room 1200 €
single room 1350 €

4-8 people group
double room 1420 €
single room 1570 €

*airport pickup and drop off are based on last flight arrival and first departure of the group.

Tasting Travel is not operative on flights ticketing.

** bilingual approach (English-Italian) is intended.



Experience Umbria 8 days

Programma corso italiano / Italian course programme

Obiettivi / Goals:

1. presentarti e dare informazioni su di te / *introducing yourself and give information about you*
2. esprimere gusti e preferenze / *expressing your tastes*
3. riservare stanze d'albergo o un tavolo al ristorante / *booking an hotel or a table at the restaurant*
4. leggere un menu e ordinare / *reading a menu in Italian and order*
5. comprare vestiti in un negozio / *shop key words*

programma/ programme:

Day 1 – Lunedì / Monday

Facciamo conoscenza	Nice to meet you!
Ciao, buongiorno o...? come stai? Mi chiamo...e ho 18 anni..	Hello, good morning or...? how are you? My name is...and I'm 18 years old
<i>Italian Key words about truffle hunt, olive trees, nature, landscape...</i>	

Day 2 – Martedì / Tuesday

Facciamo conoscenza / formale e informale	Nice to meet you! Formal and informal
E lei di dov'è? Scusi... per favore...	And where are you from? Excuse me... could you please...
<i>Italian Key words about wine and olive oil cycle and tasting</i>	

Day 3 – Mercoledì / Wednesday

Gusti e preferenze	what I like!
Mi piacciono gli spaghetti ma preferisco il tiramisù! E a te cosa piace?	I like spaghetti, but I do prefer tiramisù! And what do you like?
<i>Italian Key words about art and architecture</i>	

Day 4 – Giovedì / Thursday

Al ristorante	At the restaurant
Che significa crescionda?!? Cameriere, vorrei dell'altro vino!	What does crescionda mean?!? Excuse sir, I'd like some more wine please!
<i>Italian Key words about St. Francis and his life</i>	

Day 5 – Venerdì / Friday

Shopping	Shopping
Mi scusi, quanto costa? Oh no, è troppo caro!!!	Excuse me, how much is it? Oh no! it's too expensive!!
<i>Italian Key words about Italian daylife</i>	

This Italian language course is intended for beginner/elementary level, however, we can tailor classes on your request and your level.

SPOLETO Located at the head of a large, broad valley, surrounded by mountains, Spoleto has long occupied a strategic geographical position. Under the Lombards, Spoleto became the capital of an independent duchy, the Duchy of Spoleto (from 570), and its dukes ruled a considerable part of central Italy. In 1155 it was destroyed by Frederick Barbarossa. In 1354 Cardinal Albornozi brought the town once more under the authority of the Papal States. Together with its history, Spoleto keeps culinary tradition alive.

ASSISI The city is linked in legend with its native son, St. Francis. The gentle saint founded the Franciscan order and shares honors with St. Catherine of Siena as the patron saint of Italy. He is remembered by many, even non-Christians, as a lover of nature. The basilica hosts the world-renowned **Giotto** and **Cimabue** frescoes.

MONTELUCCO A spiritual site where monks and hermits lived over the ages. Saint Francis came to Monteluco in 1218 and near the "**Bosco Sacro**" he founded one of his monasteries.

MONTEFALCO This village is the capital of the famous **Sagrantino** red wines found only in this region. Here you can sample the best Umbrian wine in an enchanting location. All year round Montefalco offers delightful cultural events along with good food and the products of its wineries.